

# TOO FEW CALIFORNIA BLACK WOMEN EXPERIENCE PERSON-CENTERED CARE DURING THEIR CHILD'S BIRTH.

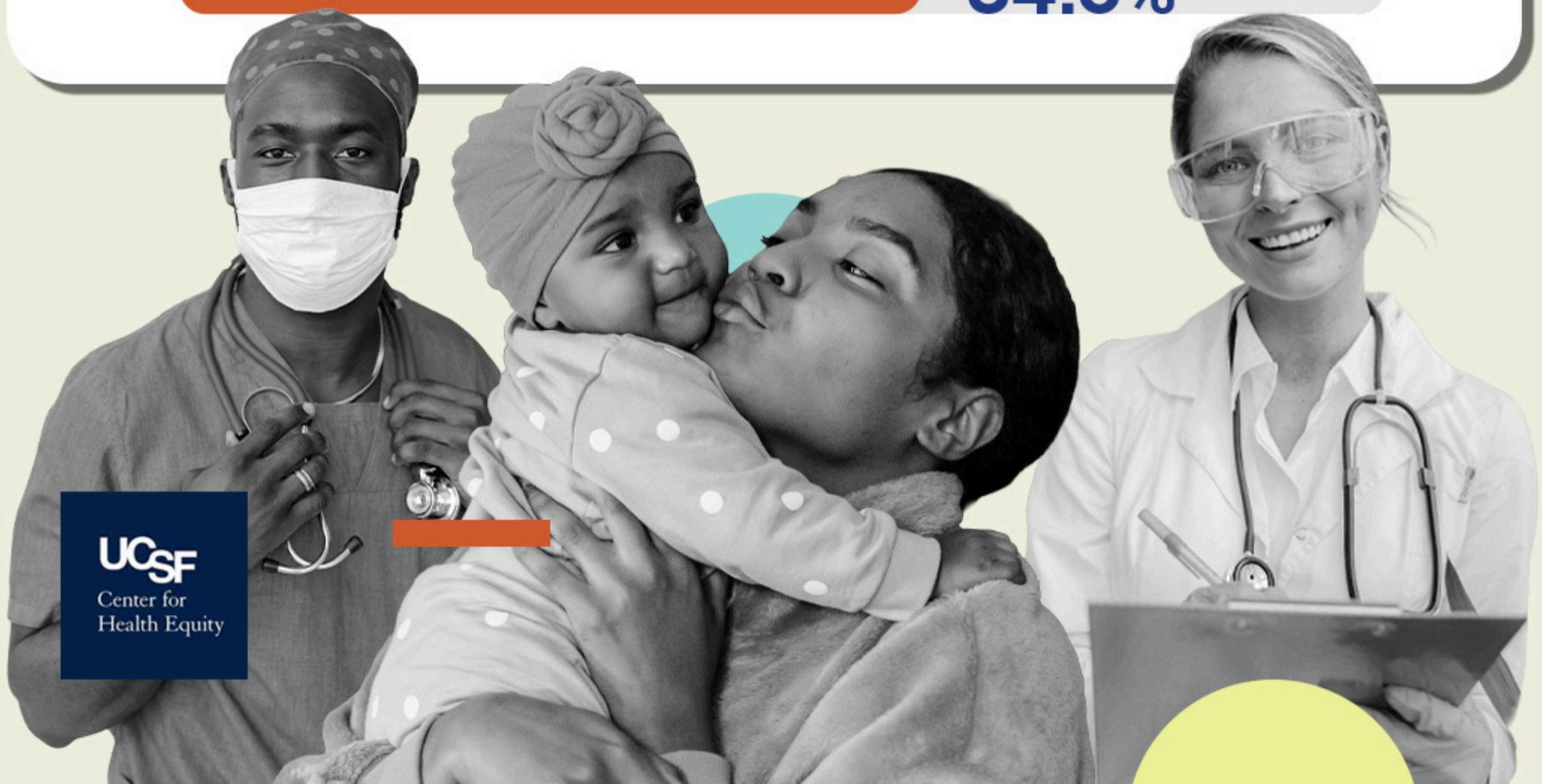
Person-centered maternity care is healthcare that is holistic, supportive, and respectful.

Percent with optimal person-centered maternity care at delivery

California total



Black women





**ONLY 43% OF BLACK BIRTHING PEOPLE ALWAYS FELT HEARD AND LISTENED TO BY THEIR HEALTH CARE PROVIDERS DURING CHILDBIRTH.**

**Improving communication and autonomy during birth can improve maternal health.**

# SUPPORTIVE COMMUNICATION BY HEALTH CARE PROVIDERS MATTERS FOR BIRTHING PEOPLE!

“The OB that delivered my middle child lifted a huge weight by reassuring me that I wasn't the only one that went through bleeding, and encouraging me to take it easy. She cared about my mental state, made sure I was going to the specialist and to her, did follow-up phone calls and gave me extra attention. She assured me that my baby was not going to die.” - **MIHA survey participant, 2023**